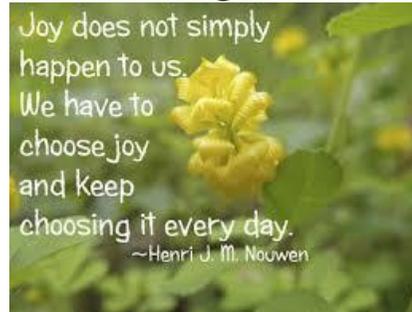


choosing to 'walk with the spirit' in relationship with God, we can choose joy.

Holy week, and probably life in general, will continue to be an emotional roller-coaster. I will be sad on Good Friday as I think about the bodily pain Jesus had to go through because of our sins. But after my weeping there will be a 'time to laugh' (Ecclesiastes 3) as I celebrate the joy of Easter, and the joy of being able to talk with a God who loves us.

So this week I invite you to choose God, and therefore choose joy.

Blessings Jude



PRAYER REQUESTS

If you would value prayer for yourself or a loved one, please email the ECB prayer chain ecbprayerchain@hotmail.co.uk or pass details to Karen at the church office by 2pm on Monday so that they can be prayed for at Tuesday prayers.

Electoral Roll - The Church Electoral Roll is being revised between 28th Feb and 3rd April. To be able to vote at the APCM on 24th April you will need to be on the Electoral Roll. Forms available in church to be returned to *Michelle Blackwell-Baker*.

Small Groups - If you are not in a small group and are interested in joining one, then pick up a list of groups meeting on different evenings or during the day. Speak to *Ian, Erika, Pete or Carol* for more details.

Passover meals – These will take place in small groups but if you would like to come to a Passover Meal & are not in a small group then please let *Ian & Erika* know as soon as possible.

Good Friday Walk of Witness

The Annual Churches in Bicester walk begins at the Catholic Church at 11:00am and finishes at Bicester Methodist church.

Volunteers needed: welcomers and craftspeople. For the **Family Easter Celebration and Egg Hunt** on Saturday 26 March 4-6pm. Please chat to me or email. *Debbie Winson*, drwinson@msn.com

APCM – 24th April (after the morning service and Bacon Rolls will be served) Nominations for PCC (4 vacancies) and Church Wardens need to be in by Thursday 21st April. Forms available in the church office. Please pray for those standing and consider if it something God is asking you to do.

Badminton every Thursday 8.30 – 9.30 at Bicester Leisure Centre

ROTAS

Welcome Team

20th March Heather Hindmarsh & Tony Shields
27th March Doreen Thompson, Andrew Collett & Nathan Argyle
3rd April Hannah Shipman & Del Hindmarsh

Sunday Team Duties (Refreshments, taking up the offering)

20th March Oasis & Living Waters
27th March Hospitality Team
3rd April More

Sunday Club

20th March
27th March
3rd April

Mustard Seeds (crèche)

Elizabeth A & Sophie
All groups together
Elizabeth A & Rowan

Cherry Blossom (Pre-school/Foundation)

Dorothy & Doyin
All groups together
Helle & Qi

Sunday Club

20th March
27th March
3rd April

Willows (School yrs 1-3)

Jackie & Ken
All groups together
Vicky H & Sam B

Silver Birches (School yrs 4-6)

Sandy & Nicola
All groups together
And & Maureen

Youth

20th March
27th March
3rd April

The Grid (School year 7 +)

Sam G & Sandy
Karl & Debbie
Sam W & Sandy

Finance Team

20th March James Dunne & Geoff Saunders
27th March Roger Winson & Nick Hebditch
3rd April Pete Stoddart & Tom Mitchell

Any notices for next week please to Karen by 7 p.m. Wednesday at administrator@emmanuelbicester.org.uk