

## ECB's NOTICE BOARD

**28<sup>th</sup> August** 10.30am **Informal Communion (Summer pattern) Trinity 14**  
*God is full of compassion – Psalm 116*  
**Leader:** Peter Hill **Preacher:** Carol Hill  
**Reading:** Sue White **Prayers:** Lonah Hebditch

7.00pm **Evening "Open Church"**  
**Leader:** Erika Biscoe  
**Preacher:** Ian Biscoe

*There will no evening prayers or Friday Compline until 9<sup>th</sup> Sept.*

**1<sup>st</sup> September** from 8pm **20's and 30's group meets at Bure Farm**

**4<sup>th</sup> September** 10.30am **Informal Worship (Summer pattern) Trinity 15**  
*Set a guard over my mouth – Psalm 141*  
**Leader:** Erika Biscoe **Preacher:** Ian Biscoe  
**Reading:** Debbi Pardoe **Prayers:** John Thompson

7.00pm **Evening Service – Life changing Encounters**  
*Testimony Evening*  
**Leader:** Ian Biscoe **Preacher:** Erika Biscoe

**6<sup>th</sup> September** 9.00am **Prayers in Church**  
 10.00-12noon **Rock of Ages Café**  
 7.00-7.30pm **Prayers in church**

**7<sup>th</sup> September** 8.45-12.00 **Café reopens after summer break**  
 10.00 for 10.30 **Oasis Small Group**  
 7.00-7.30pm **Prayers in church**

**8<sup>th</sup> September** 10-12noon **Standing Committee**  
 8.15-9.15pm **Band practice**

**9<sup>th</sup> September** 7.00-7.30pm **Prayers in church**  
 7.30-8.30pm **Contemplative Compline**



# Welcome!

*to the church  
 at the heart  
 of the community*

Prayer chain: [ecbprayerchain@hotmail.co.uk](mailto:ecbprayerchain@hotmail.co.uk)

Notices: [emmanuelnotices@live.co.uk](mailto:emmanuelnotices@live.co.uk)

*email to receive either of these.*

Website: [www.emmanuelbicester.org.uk](http://www.emmanuelbicester.org.uk)

**Sunday 28th  
 August 2016**

We extend a warm welcome to regulars and visitors alike. If you are new at Emmanuel, or visiting, please do introduce yourself to one of the Welcome Team.

**Andy Roberts** writes:

As we have looked at the Psalms together as a church family over the past few weeks, it struck me how the Psalms reflect the full range of human emotions – happiness, joy and suffering amongst them - and a vast array of human experiences including faith in God, fullness of life and feelings of unworthiness and fear.

It's amazing that, despite how long ago they were written, we can still relate to the Psalms today in the 21<sup>st</sup> century. The psalms are timeless and powerful. They are a prayer book that teaches us how to communicate with God. The psalms give us a valuable lesson in prayer. They are prophetic of the coming of Jesus, and quotes from the Psalms were used by Jesus himself.

*Matthew Chapter 26 verse 64 "You have said so," Jesus replied. "But I say to all of you: From now on you will see the Son of Man sitting at the right hand of the Mighty One and coming on the clouds of heaven."*

*Psalm 110 verse 1 The Lord says to my lord "Sit at my right hand until I make your enemies a footstool for your feet "*

The psalms highlight the importance of prayer in whatever situations we find ourselves. We need to have a personal relationship with God. We need to remain in dialogue with God each and every day, not just on Sundays. There are many different ways we can do this; being quiet coming into God's presence, prayer walks, forming a prayer partnership with someone, keep a prayer journal or simply taking a moment each day to say a line from the bible.

These are just some of them. Perhaps the most important thing is to put aside some time each day consciously to pray to God in our own way.

We know God listens and hears prayer, and prayer is powerful and uplifting. It certainly was for me during a period of illness last year.

Jesus, the incarnate Son of God, found it necessary to pray.

If Jesus didn't feel he could face the battle without asking for God's help, then neither should we.



## *Blessings Andy*

**PRAYER REQUESTS** - If you would value prayer for yourself or a loved one, please email the ECB prayer chain [ecbprayerchain@hotmail.co.uk](mailto:ecbprayerchain@hotmail.co.uk). Tuesday morning prayers re-start next week on 6<sup>th</sup> Sept.

### **Autumn Events calendar**

This is now available, showing the key events at ECB between September and December. Please take a copy and put the key dates in your diaries.

### **Wanted – Dolls House**

The Children's groups will be using material called "Father's House" next term and have asked if anyone has a wooden dolls house (or 2) that they could lend to the groups. Alternatively, if you regularly visit charity shops please look out for one at a reasonable price. Contact Jo Withers for more information.

### **Marriage Course**

Introductory meal on 17<sup>th</sup> September, with course starting on 5<sup>th</sup> October. Further details from Nick & Rose Hunt or Andrew Collett.  
Book via the Church Office for the meal and course.

### **Ride & Stride – 10<sup>th</sup> September 2016**

Have fun cycling, walking or horse riding to churches and raise funds for ECB and Oxfordshire Historic Churches Trust. Details & sponsor forms from the office.  
Welcomers also needed to join a rota – *Speak to Karen if interested.*

**Social badminton for learners.** Thursdays 20:30-21:30 at Bicester leisure centre.  
*Speak to Clare Bean if interested*

## **ROTAS**

### **Welcome Team**

28<sup>th</sup> August Debbie Winson & Heather Hindmarsh  
4<sup>th</sup> September Steve Willott & Jeanette Collett  
11<sup>th</sup> September Del Hindmarsh & Doreen Thompson

### **Sunday Team Duties (Refreshments, taking up the offering)**

28<sup>th</sup> August Oasis & Living Waters  
4<sup>th</sup> September More  
11<sup>th</sup> September Hilarious

### **Sunday Club**

28<sup>th</sup> August  
4<sup>th</sup> September  
11<sup>th</sup> September

### **Mustard Seeds** (crèche)

*Summer Activities*  
*Summer Activities*  
*Interactive Service*

### **Cherry Blossom** (Pre-school/Foundation)

*Summer Activities*  
*Summer Activities*  
*Interactive Service*

### **Sunday Club**

28<sup>th</sup> August  
4<sup>th</sup> September  
11<sup>th</sup> September

### **Willows** (School yrs 1-3)

*Summer Activities*  
*Summer Activities*  
*Interactive Service*

### **Silver Birches** (School yrs 4-6)

*Summer Activities*  
*Summer Activities*  
*Interactive Service*

### **Youth**

28<sup>th</sup> August  
4<sup>th</sup> September  
11<sup>th</sup> September

### **The Grid** (School year 7+)

*Summer Activities*  
*Summer Activities*  
*Interactive Service*

### **Finance Team**

28<sup>th</sup> August Pete Stoddart & Steve Willott  
4<sup>th</sup> September James Dunne & Geoff Saunders  
11<sup>th</sup> September Roger Winson & Nick Hebditch

Any notices for next week please to Karen by 7 p.m. Wednesday at [administrator@emmanuelbicester.org.uk](mailto:administrator@emmanuelbicester.org.uk)